**ENTRY REQUIREMENTS FOR THE LETTER OF COMPETENCE IN SUBDERMAL CONTRACEPTIVE IMPLANT TECHNIQUES INSERTION AND REMOVAL (LoC SDI-IR)**

### Successful applicants must:

Be registered with a UK or Irish medical professional regulatory body and have a license to practice if that is required by your regulator.

The following bodies are recognised:

* The General Medical Council (UK)
* Irish Medical Council
* The Nursing & Midwifery Council (UK)
* Nursing & Midwifery Board of Ireland
* General Pharmaceutical Council (UK)
* The Pharmaceutical Society of Ireland
* Physician Associate Managed Voluntary Register (UK)
* Health and Care Professions Council (UK)

**Requirements:**

* Be competent in consultation skills
* Be competent to give intramuscular injections
* Have up to date resuscitation and anaphylaxis training in line with current UK guidelines
* [Have read the current FSRH guidance on subdermal implants](https://www.fsrh.org/standards-and-guidance/current-clinical-guidance/method-specific/) and be conversant with its content
* Be able to confirm, at the time of application for your FSRH qualification, that you have read the 6 principles of care as outlined in the [“Guidance for those undertaking or recertifying FSRH qualifications whose personal beliefs conflict with the provision of abortion or any method of contraception”](https://www.fsrh.org/documents/guidance-for-those-undertaking-or-recertifying-fsrh/) and agree to abide by them in practice. It is, therefore, important to have read this document prior to commencing training.

**You must complete all the following prior to your application:**

1. As part of the new requirements, you are now required to complete the FSRH Contraceptive Counselling Online Course. This course takes about 2 hours to complete. It is a free course and can be accessed at any time. You can access this course by the link below:

<https://www.fsrh.org/education-and-training/fsrh-contraceptive-counselling-online-course>

1. **Module 14** of the e-SRH, which is hosted on the e-LfH website of commencing your LoC SDI-IR training.

This is an e-learning package, free to NHS professionals, which contains interactive learning modules on various topics. Each module lasts around 20 minutes. This should be completed within 4 weeks of commencing your training.

For access you will need to register with [e-Learning for Healthcare (e-LfH)](https://www.e-lfh.org.uk/).

Click view button at top right-hand corner of [e-Learning for Healthcare website](https://www.e-lfh.org.uk/) to see a list of all modules and you will need to login first in order to be able to see contents of the modules.

This e-SRH is free to anyone holding an nhs.net email address.

1. [**Online Theory Assessment (OTA)**](http://www.fsrh.org/documents/online-theory-assessment-guide)**which has replaced the previous eKA (the electronic knowledge assessment). Please see further information below regarding this.**

***A pass in the eKA or OTA is required as a pre-requisite to our FSRH Letters of Competence including our LoC SDI-IR and LoC IUT. You can access the OTA by registering or logging into your FSRH account***

Do I need to take the OTA?

* If you hold a current **FSRH Diploma**, **MFSRH** or **FFSRH**, you will not be required to take the OTA.
* If you have previously passed the eKA as part of another qualification which has been awarded within five years of starting the new qualification, you will not be required to take the OTA.
* If you have previously passed the eKA (without achieving another FSRH qualification) within two years of starting the new qualification, you will not be required to take the OTA.

**Experienced Practitioners Pathway:**

You may apply for this Letter of Competence via the Experienced Practitioner Route:

* If your initial Letter of Competence (LoC) qualification was not registered with or awarded by FSRH
* If you attained a local LoC certification and now wish to register or recertify it with FSRH
* If you have not recertified FSRH LoC for more than 10 years, but have been fitting/removing implants for last 12 months

For all above scenarios, you may be eligible to undertake a shortened pathway which considers past clinical experience. The FSRH’s General Training Committee requires that, to obtain FSRH certification, this training would need to be completed.

The General Training Committee is unable to offer exemptions to its published criteria. However, experienced practitioners can complete a shortened pathway in respect to the clinical component but all other parts of the programme, included the OTA pass, would need to be completed.

Further information can be found on at [www.fsrh.org](http://www.fsrh.org) under the Education and Training link.

**Training**

* Once the entry requirements have been met. Undertake practical training with a FSRH faculty trainer.
* Document and obtain trainer signatory when each practical training stage has been competently completed.
* Submission of training record, supporting documents and LoC registration fee to obtain certificate award, by logging into ‘my FSRH’
* Await notification from the faculty you are registered with faculty and able to proceed with autonomous subdermal implant fitting.
* You will be required to recertify every 5 years to ensure you continue to meet the requirements to remain on the register.
* To recertify you will need to produce a log demonstrating relevant CPD and 6 procedures over a 12-month period (or 20 procedures over 5 years)

**How much will the training cost?**

* FSRH annual membership fee is £97
* e-SRH modules are free to anyone holding an nhs.net email address
* Online Theory Assessments (OTA) cost £75 per attempt. (HCRG will reimburse the 1st attempt. Invoices should be sent to HCRG Care Group alongside evidence of exam pass to reclaim the cost).
* Practical training is provided by HCRG Care Group or Organon for free.
* Submission of LOC application is £80

**What are the ongoing training requirements?**

To maintain your registration, you are expected to recertify with FSRH every 5 years. There is no recertification cost if you maintain your FSRH annual membership fee.

**Are there any ongoing costs?**

Recertification costs £400 for each qualification for non FSRH members. Recertification costs are covered in annual membership fees for those that opt to become FSRH members. Annual membership is approximately £97 per annum.

**For training support and prep**

e learning for healthcare is the free pre-training page for the OTA (for anyone with an NHS email) Modules 1-15 must be read through and understood in preparation for OTA examination. Available here: <https://www.e-lfh.org.uk/programmes/sexual-and-reproductive-healthcare/>

FSRH website provides clinical guidance, events, training, and resources for health professionals. The contraceptive counselling course can be accessed for free from their website.

[Education & Training - Faculty of Sexual and Reproductive Healthcare (fsrh.org)](https://www.fsrh.org/education-and-training/fsrh-contraceptive-counselling-online-course/)

Organon offer a non-promotional programme provided by accredited Faculty Registered Trainers who will support clinicians in achieving the Faculty of Sexual and Reproductive Health (FSRH) Letter of Competence (LoC) in subdermal contraceptive implant techniques.

[Nexplanon Training Support Programme (NTSP) (organonconnect.co.uk)](https://www.organonconnect.co.uk/organon/ntsp-hub.xhtml)

Bayer provide a range of free resources including webinars, online learning, and patient leaflets.

[Women's Health Matters - Bayer (whmatters.co.uk)](https://www.whmatters.co.uk/)