

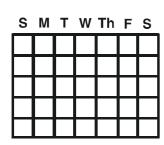
Testicular Awareness



Checking Your Balls



Checking your balls can help detect the early signs of testicular cancer.

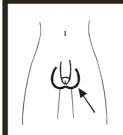


You should check your balls once a month.



Get to know how your

balls feel.

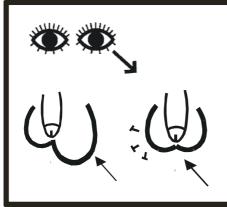


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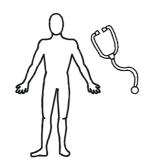




Check your balls after a warm bath or shower.



Look and feel for changes in size and weight.



See your doctor if you notice any changes.