**ENTRY REQUIREMENTS FOR THE LETTER OF COMPETENCE IN SUBDERMAL CONTRACEPTIVE IMPLANT TECHNIQUES INSERTION AND REMOVAL (LoC SDI-IR)**

### Successful applicants must:

* Be registered with a UK or Irish medical professional regulatory body and have a license to practice if that is required by your regulator.

**Requirements:**

* Be competent in consultation skills
* Have up to date resuscitation and anaphylaxis training in line with current UK guidelines
* Be Competent to give intramuscular injections
* [Have read the current FSRH guidance on subdermal implants](https://www.fsrh.org/standards-and-guidance/current-clinical-guidance/method-specific/) and be conversant with its content
* Be able to confirm, at the time of application for your FSRH qualification, that you have read the 6 principles of care as outlined in the [“Guidance for those undertaking or recertifying FSRH qualifications whose personal beliefs conflict with the provision of abortion or any method of contraception”](https://www.fsrh.org/documents/guidance-for-those-undertaking-or-recertifying-fsrh/) and agree to abide by them in practice. It is, therefore, important to have read this document prior to commencing training.

**You must complete all of the following prior to your application:**

1. As part of the new requirements, you are now required to complete the FSRH Contraceptive Counselling Online Course. This is **not** required if you hold the DFSRH or MFSRH.
2. This course takes about 2 hours to complete. It is a free course and can be accessed at any time. You can access this course by the link below:

<https://www.fsrh.org/education-and-training/fsrh-contraceptive-counselling-online-course>

**PLEASE NOTE: If you hold the DFSRH/MFSRH, you are NOT required to do the counselling course**

1. **Module 3 Contraceptive Choices** of the e-SRH, which is hosted on the e-LfH website of commencing your LoC SDI-IR training.
2. **Module 14** **Implants** of the e-SRH, which is hosted on the e-LfH website of commencing your LoC SDI-IR training.

These are e-learning packages, free to NHS professionals, which contains interactive learning modules on various topics. Each module lasts around 20 minutes. This should be completed within 3 months of commencing your training.

For access you will need to register with [e-Learning for Healthcare (e-LfH)](https://www.e-lfh.org.uk/).

Click view button at top right hand corner of [e-Learning for Healthcare website](https://www.e-lfh.org.uk/) to see a list of all modules and you will need to login first in order to be able to see contents of the modules.

This e-SRH is free to anyone holding an nhs.net email address.

1. [**Online Theory Assessment (OTA)**](http://www.fsrh.org/documents/online-theory-assessment-guide)**which has replaced the previous eKA (the electronic knowledge assessment). Please see further information below regarding this.**

***A pass in the eKA or OTA is required as a pre-requisite to our FSRH Letters of Competence including our LoC SDI-IR and LoC IUT. You can access the OTA by registering or logging into your FSRH account***

Do I need to take the OTA?

* If you hold a current **FSRH Diploma**, **MFSRH** or **FFSRH**, you will not be required to take the OTA.
* If you have previously passed the eKA as part of another qualification which has been awarded within five years of starting the new qualification, you will not be required to take the OTA.
* If you have previously passed the eKA (without achieving another FSRH qualification) within two years of starting the new qualification, you will not be required to take the OTA.

**Experienced Practitioners Pathway:**

You may apply for this Letter of Competence via the Experienced Practitioner Route:

* If your initial Letter of Competence (LoC) qualification was not registered with or awarded by FSRH
* If you attained a local LoC certification and now wish to register or recertify it with FSRH
* If you have not recertified FSRH LoC for more than 10 years, but have been fitting/removing implants for last 12 months

For all above scenarios, you may be eligible to undertake a shortened pathway which takes into account past clinical experience. The FSRH’s General Training Committee requires that, in order to obtain FSRH certification, this training would need to be completed.

The General Training Committee is unable to offer exemptions to its published criteria. However, experienced practitioners can complete a shortened pathway in respect to the clinical component but all other parts of the programme, included the OTA pass, would need to be completed.

Further information can be found on at [www.fsrh.org](http://www.fsrh.org) under the Education and Training link.

**COSTS PAYABLE TO FSRH.**

**These costs are independent to the payment to HCRG for training.**

**We have no control over the payments required by the FSRH.**

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| Online Theory Assessment (OTA) | £85 (per attempt)-Payable to FSRH |
| Clinical Training (Costs are set locally) | £300 Payable to HCRG |
| Letter of Competence Registration fee - Current FSRH Members (Associate, Members, Fellows and current holds of the FSRH Diploma)ORNon-FSRH members | £115-Payable to FSRH £475-Payable to FSRH |
| **Total (approximate)**FSRH MembersORNon-FSRH Members |  £550 £910 |

### For our Letter of Competence qualifications, the FSRH have two payment options available.

### Option 1: Associate membership

Join us as a member to benefit from a reduced LoC application fee and free recertification every 5 years.

You can apply to become an [Associate member](https://www.fsrh.org/membership/explore-membership/associate/) when you submit your LoC application. This will allow you to qualify for a reduced member rate\* of £115 for each LoC application fee as well as giving you full access to all our [member benefits](https://www.fsrh.org/membership/member-benefits/).

##### \*The full annual Associate membership fee is due the subsequent year and then the following years of your membership.

**Member rate per LoC application:** £226 (Associate annual membership £111 + LoC registration £115) for LoC applications between 1 Jan – 30 Jun

**Member rate per LoC application:** £171 (Associate annual membership £56 + LoC registration £115) for LoC applications between 1 Jul – 31 Dec

### Option 2: Non-member rate

The non-member rate per LoC application is **£475,**this fee will cover you for next 5 years.

**\*Join us as a member to benefit from a reduced LoC application fee and free of charge recertification every 5 years**

**The subsequent full annual Associate membership fee is due on 1 January 2025 and then the following years of your membership.**