**ENTRY REQUIREMENTS FOR THE LETTER OF COMPETENCE IN SUBDERMAL CONTRACEPTIVE IMPLANT TECHNIQUES INSERTION ONLY (LoC SDI-IO)**

### Successful applicants must:

* Be a Healthcare Professional working in abortion or maternity services. This includes doctors, nurses and midwives working in the UK or S Ireland and are registered and licenced to practice (as necessary) with either the [GMC](https://www.gmc-uk.org/), [NMC](https://www.nmc.org.uk/), [IMC](https://medicalcouncil.ie/), [NMBI.](https://www.nmbi.ie/Home)

**Requirements:**

* Be competent in consultation skills
* Have up to date resuscitation and anaphylaxis training in line with current UK guidelines
* Be Competent to give intramuscular injections
* [Have read the current FSRH guidance on subdermal implants](https://www.fsrh.org/standards-and-guidance/current-clinical-guidance/method-specific/) and be conversant with its content
* Be able to confirm, at the time of application for your FSRH qualification, that you have read the 6 principles of care as outlined in the [“Guidance for those undertaking or recertifying FSRH qualifications whose personal beliefs conflict with the provision of abortion or any method of contraception”](https://www.fsrh.org/documents/guidance-for-those-undertaking-or-recertifying-fsrh/) and agree to abide by them in practice. It is, therefore, important to have read this document prior to commencing training.

**You must complete all of the following prior to your application:**

1. As part of the new requirements, you are now required to complete the FSRH Contraceptive Counselling Online Course. This course takes about 2 hours to complete. It is a free course and can be accessed at any time. You can access this course by the link below:

<https://www.fsrh.org/education-and-training/fsrh-contraceptive-counselling-online-course>

**PLEASE NOTE : If you already have the DFSRH you are NOT required to do this course**

1. **Module 3 Contraceptive Choices**
2. **Module 14 Additional Training in Sub-dermal Contraceptive Implants** with the e-SRH, which is hosted on the e-LfH website of commencing your LoC SDI-IR training.

This is an e-learning package, free to NHS professionals, which contains interactive learning modules on various topics. Each module lasts around 20 minutes. These should be completed within 3 months of commencing your training.

For access you will need to register with [e-Learning for Healthcare (e-LfH)](https://www.e-lfh.org.uk/).

Click view button at top right hand corner of [e-Learning for Healthcare website](https://www.e-lfh.org.uk/) to see a list of all modules and you will need to login first in order to be able to see contents of the modules.

This e-SRH is free to anyone holding an nhs.net email address.

1. Conversant with current FSRH guidance on SDI’s [FSRH Clinical Guideline: Progestogen-only Implant (February 2021) - Faculty of Sexual and Reproductive Healthcare](https://www.fsrh.org/standards-and-guidance/documents/cec-ceu-guidance-implants-feb-2014/)
2. Be up to date with Levels 1-3 safeguarding children and young people and ensure that level 3 is maintained throughout training.

**PLEASE NOTE EVIDENCE OF ALL REQUIREMENTS WILL NEED TO BE PROVIDED BEFORE TRAINING COMMENCES.**

Further information can be found on at [www.fsrh.org](http://www.fsrh.org) under the Education and Training link.