

**Sexual Health Outreach for Vulnerable Adults**

Our outreach nurses provide **free & confidential** sexual healthcare from our hubs as well as community settings. These services are available to anyone deemed a **vulnerable adult aged 18+** residing in Oldham, Rochdale and Bury requiring extra support in accessing sexual health services.

For adults who can make their own appointments and/or do not fall into the below categories, please direct them to either call us on [**0300 303 8565**](https://www.thesexualhealthhub.co.uk/services-near-you/bury/#tel:03003038565) to book an appointment or visit [www.sexualhealthhub.co.uk](https://www.thesexualhealthhub.co.uk/) where they can access free online postal STI (asymptomatic) tests, condoms & lube, pregnancy tests, and postal emergency contraception, book an appointment online and find our clinic opening times, including walk-in clinics.

Key vulnerable adults we support include:

* Anyone experiencing homelessness.
* Anyone with substance misuse issues/injecting drug user
* Anyone involved in selling or exchanging sex.
* Anyone living with physical or learning disabilities.
* Refugees and Asylum Seekers
* People experiencing mental health issues.
* Women (including trans & non-binary) with active Health Visiting/Family Nurse Partnership/Social Work involvement.
* Women (including trans & non-binary) who have had children removed from their care.

**Sexual Health Outreach Offer**

Our outreach nurses offer a level 1 and 2 clinical sexual health service in the community; providing a full clinical assessment, as well as information & advice to make healthy choices.

* Contraceptive Implant
* Contraceptive injections
* Contraceptive pill
* Condoms & lube
* Screening & treatment for STIs
* Partner Notification
* Pregnancy testing & advice
* HIV PoCT (rapid HIV test)
* Screening and vaccination for Hep B in at risk groups
* Referrals to appropriate sexual health services.

We can support and arrange fast track access for vulnerable high-risk adults into our hubs for any of the above, plus the following:

* PrEP (pre-exposure prophylaxis)
* Coil appointments.
* Screening for symptomatic STIs
* Vaccinations Hep B & HPV (at risk eligible groups)

For urgent access for the following please call us immediately on 01706 202 444

* Emergency Contraception (pills & IUD)
* PEP (post exposure prophylaxis to prevent HIV acquisition)

Please note that some contraception and conditions can be dealt by a local pharmacist or registered GP in the first instance.

Conditions the local pharmacy can help with in the first instance:

* Thrush/Bacterial Vaginosis (BV)
* Urinary Tract Infections (UTI)
* Repeat oral contraception.
* Initiation or oral contraception
* Emergency Hormonal Contraception (EHC)

Conditions that should be referred to their registered GP in the first instance.

* Routine contraception (pills, injection)
* Genital warts
* Breast problems
* Fertility
* Ultrasound scanning
* Urinary and bowel problems
* Physical trauma related to sexual assault or FGM
* Diagnosis of FGM/Confirmation of FGM
* Erectile dysfunction
* Genital symptoms -present for over 6 months
* Circumcision/urethral strictures
* Vasectomy
* Heavy menstrual bleeding

We can also provide drop-in clinics to vulnerable at-risk adults accessing services such as drug & alcohol services, sex on premises, homeless shelters, probation services, domestic abuse refuges, and other relevant settings. Please contact us to discuss and arrange.

**Referral Process**

We aim to provide quick, easy, and confidential access to our services. To ensure we get access into the service in a timely manner and in an environment that best suits their needs, please phone us for an initial discussion regarding the referral.

**01706 202 444**

This number is available **Monday to Friday 9:00am – 5.00pm.**

If the line is engaged, or if you have a general question about the service, you can also contact us via email at Vcl.orbishyp@nhs.net

Then please complete the referral form and email to Vcl.orbishyp@nhs.net

**Referral Pathway - Vulnerable adults**

Initial assessment by referrer or support worker identifies a sexual health need of a vulnerable adult.

Referral to be made to outreach team via phone or email outlining support needed for client.

Outreach team to contact client and arrange the most appropriate type of appointment.

At the initial appointment each client should be offered a full sexual health assessment followed by the offer of a complete sexual health screen (including screening for blood borne viruses)

Refer to Nurse to arrange assessment for contraception either at home, community setting, hospital, or clinic.

YES

Does the client require contraception?

No

Await results of STI screen and follow up as required